

Type A/ Type B Extra Credit

(counts as an extra " 100" averaged in with your Classwork/ Homework grade)

- Go to the Health portaportal ([www. portaportal. com](http://www.portaportal.com), guest access name imawesome)
- Scroll down to the Stress Management links
- Click on the Type A/ Type B Personality Test
- Take the test, then answer the following:
 - What was your score?
 - Which personality type does this make you?
 - Do you think that this is accurate? Please explain why or why not.

Turn in to Mrs. Anzora (either via email anzors@portlandschools.org or hard copy)